



*Gender Sensitization: Time to Change the Mindset*

**ATMA RAM SANATAN DHARMA COLLEGE**

**Annual Gender Sensitization Report 2018-2019**

Gender sensitization refers to the raising sensitization of gender equality concerns. It helps people in examining their personal attitudes and beliefs and questioning the realities of both sexes. Gender sensitization make people understand the difference between sex and gender, how gender is socially constructed and the stereotypes around gender roles It helps them determine which assumptions in matters of gender are valid and which are stereotyped. Need of gender sensitization is to create awareness among the working professionals about the importance of gender sensitivity in organization. Without being sensitive to the needs of a particular gender, an individual may refrain from understanding the opposite gender. Gender is Socially Learned behavior, based on social expectation from Men & Women. The women and children are most vulnerable group of this situation. And it's the undue pressure on Boys & Girls to live up to the established norms of Masculinity & femininity. Girls endure unwarranted social control, discrimination & domination. Boys discouraged from being emotional, gentle or fearful. Gender Sensitization gives a clear and precise view about Gender and help to understand that GENDER is not about "Women" it's about "People".

In the academic session 2018-19, Women Development Cell (WDC) organizes seven various events. To start with the odd semester events, **Mrs. Rekha Sharma, Chairperson, National Commission for Women (NCW)** was invited as Guest speaker to grace the occasion. The topic for the discussion was "**Role Of Students In Gender Sensitization In The Light Of #MeToo**". Mrs. Rekha Sharma explains that #MeToo movement is present in our society since years, but its enhancement in today's era has been contributed towards urbanization, financial freedom of females and social media involvements. Simultaneously, it was emphasized that male members of the society should play a pivotal role to curb women harassment at work and public places. Students and faculty members also got the opportunity to interact and discuss their queries with NCW chairperson. Open discussions were made on certain issues like recent Sabrimala court verdict, #MeToo campaign, marital rape, mob lynching of eve-teasers etc. Students of the college found the interaction with NCW Chairman to be very productive and expect such personalities as guests for the upcoming college events. They found the discussion to be enlightening and refreshing. Students found to know about the development of independent women in India as well as globally.



**Pic.1 Mrs. Rekha Sharma, NCW Chairperson**

In the month of November, WDC hold an examination as per the directions of NCW where the topic for the examination was **“Awareness of Various Legal Laws Related To Women”**. In this examination more than 100 students were participated. One winner for first and second prize and five third prize entries were declared with the prize money of Rs. 1500, Rs. 1000 and Rs. 500 respectively.



**Pic.2 Examination based on awareness of various laws related to women**

In the even semester, “Self Defense Program” was organized (in collaboration with Delhi Police) by WDC along with National Service Scheme (NSS) where about 50 female students participated enthusiastically. Apart from Physical training and techniques to combat the attacker numerous strategies to stay mentally alert were also suggested to the students. It was a five day long training program concluded by the distribution of certificates to the participants by Principal Sir Mr. Gyantosh Kumar Jha, South Campus SHO Mr. Paras Nath Verma, ACP Mr. Satish Kain.



**Pic 3 & 4 : Self Defense Training Program**

Subsequently, a trip was organized to attend 26<sup>th</sup> ceremony of NCW at Indian Habitat Center, Stein Auditorium, New Delhi where about 30 girls of our college took part in panel discussion on **“Empowering Women Through Entrepreneurship”**. The seminar highlighted some success stories and deliberated on the challenges faced by women entrepreneurs across different sectors, and discussed how the environment can be made more conducive for aspiring women entrepreneurs.



**Pic. 5: Students at Stein Auditorium to celebrate 26<sup>th</sup> year of NCW**

In another collaborative venture of WDC and NSS “**Cyber Security Workshop**” under the Digital Shakti Campaign launched by NCW was organized to make aware and enlighten our students to stay alert with the ever rising cyber rising crimes. Representatives from well renowned NGO named as Cyber Peace Foundation came for an interactive session where the participating students were not only females but male students and faculty members also. Each member enthusiastically participated to clear their doubts regarding personal, financial and online security of their well beings and demanded many such programs in the future.





**Pic.6 & 7: Cyber Security Workshop**

In the month of February, Hindustan Newspaper Team came for “**Chai Pe Charcha**” discussion with the female students of our College to exchange the essence of thoughts and suggestions of the youth for the upcoming Lok-Sabha Elections. Open views of the participants were published in the newspaper on 16<sup>th</sup> February 2019.



**Pic 8. Chai Pe Charcha by Newspaper Hindustan**

Our students also attended the Women Empowerment program organized by Delhi Police at South Campus, University of Delhi where the female students learnt the benefits of using **Himmat Plus app-an initiative of Delhi Police.**



**Pic. 9 & 10: students learning to use Himmat Plus app at South Campus, University of Delhi.**

Finally, on the occasion of International Women's Day, **Mrs. Monika Arora, Supreme Court Advocate and Standing Counsel of Government of India** came to beautify the occasion. The topic for the lecture was **"Mahila: Kal. Aaj Aur Kal"**. The topic was justified in a very beautiful way where the speaker discussed about various challenges, strength and rights of a

woman since early era till today. The speaker emphasis on realization of women power within every female no matter she belongs to any stratum of the life.



The Cell will continue to spread awareness about the twin causes of women empowerment and women development through such events, and hopes to encourage more people to join the cause throughout the year. There is strength in numbers, and the Women's Development Cell firmly believes that only by joining forces with everyone can this massive issue of gender inequality be eliminated once and for all.

