



# ATMA RAM SANATAN DHARMA COLLEGE

(UNIVERSITY OF DELHI)

## Ennovate 2022- ConclaveX

**Date of Program:** 27-01-2022

**No. of the Participants:** 150

**Organized by:** Enactus -ARSD College

**Collaborating Institute:**

1. Enactus DDUC
2. Karwaan-The Wellness Society, JMC
3. Enactus Hansraj
4. Enactus SGTB Khalsa
5. Enactus IIIT Delhi
6. Enactus KMC

**Speaker(s):**

1. Hiteshi Gangwani, Member, Karwaan JMC
2. Rafiya, Project Head- Nirav, Enactus KMC
3. Bhumika, Vice President, Enactus SGTB Khalsa
4. Vaibhav Jaiswal, Project Head- Wellbeing Adda
5. Varish Grover, Project Head- Armaan, Enactus Hansraj College
6. Shreshtha Kumar, Project Head- Mehsoos, Enactus DDUC


The panel discussion on 'ConclaveX- The Perusal of Mental Health Issues' took place on 27 January 2022. The event was graced by the presence of a Panel of 6 prominent societies across the Delhi University with projects focused on mental health and wellbeing. The event aimed at destigmatizing the issues related to mental health and establishing a healthy platform to discuss the topic that has been ignored in society but is important to be discussed. The event started with the words of encouragement by the Principal Prof. Gyantosh Kumar Jha and was followed by the Teacher Convenor Dr. Manika Jain expressing her token of appreciation to the event organizers and outlining her views on the topic of the discussion. The discussion started with the panellists presenting their perspectives of what mental health is to them. A thoughtful and absorbing discussion took place which was followed by the questions of the audience at the end of the event. The panelists shared the help communities for those in need and with that, the event came to its closure claiming itself to be a great success.




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(UNIVERSITY OF DELHI)

Poster



**ATMA RAM SANATAN DHARMA COLLEGE**  
(UNIVERSITY OF DELHI)  
ACCREDITED GRADE 'A' BY NAAC | AIR 12 BY NIRF (MHRD)









**enactus**  
Atma Ram Sanatan  
Dharma College


is organising a panel discussion

# CONCLAVEX:


*A perusal of Mental Health issues*






-  **Mental health** *is important*
-  **Mental health** *shouldn't be ignored*
-  **Mental health** *is not a joke*
-  **Mental health** *is not taken seriously*
-  **Mental health** *issues during Covid-19*



*Inviting Student Bodies working  
for Mental Health*



 **27th JAN'22**  
 **12 PM Onwards**  
 **Google Meet**

Contact:  
Mansi: 9810353829  
Kritika: 8587944870

**REGISTER NOW:  
LINK IN BIO!**



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## (UNIVERSITY OF DELHI)

### Photograph





# ATMA RAM SANATAN DHARMA COLLEGE

## (UNIVERSITY OF DELHI)

### List of Participants

ATTENDANCE : ConclaveX | 27th January 2022

S.NO.	NAME	JOINED	LEFT
1	SUDIPTO GHOSH	1/27/2022 13:20:40	27/01/2022 13:45:02
2	Aakriti	1/27/2022 13:20:40	27/01/2022 13:30:58
3	Adhya pai	1/27/2022 13:20:40	27/01/2022 13:30:58
4	Aditi Kapoor	1/27/2022 13:20:40	27/01/2022 13:30:58
5	akanksha sehgal	1/27/2022 13:20:40	27/01/2022 13:45:02
6	AMAN KUMAR	1/27/2022 13:20:40	27/01/2022 13:45:02
7	Ananya Bakliwal	1/27/2022 13:20:40	27/01/2022 13:30:58
8	Anukriti Uniyal	1/27/2022 13:20:40	27/01/2022 13:45:02
9	Anushka Pal	1/27/2022 13:20:40	27/01/2022 13:45:02
10	Ashwin Gupta	1/27/2022 13:20:40	27/01/2022 13:30:58
11	AVI PRABHAKAR	1/27/2022 13:20:40	27/01/2022 13:45:02
12	Avijan Paul	1/27/2022 13:20:40	27/01/2022 13:45:02
13	Bhumika	1/27/2022 13:20:40	27/01/2022 13:45:02
14	CHESTA GARG	1/27/2022 13:20:40	27/01/2022 13:30:58
15	Diksha Sharma	1/27/2022 13:20:40	27/01/2022 13:45:02
16	Drishti Arora	1/27/2022 13:20:40	27/01/2022 13:20:41
17	Enactus IIITD	1/27/2022 13:20:40	27/01/2022 13:30:58
18	Enactus Khalsa	1/27/2022 13:20:40	27/01/2022 13:45:02
19	Esha Agrawal	1/27/2022 13:20:40	27/01/2022 13:30:58
20	GOVIND UNNIKISHNAN	1/27/2022 13:20:40	27/01/2022 13:30:58
21	Harsh Sharma	1/27/2022 13:20:40	27/01/2022 13:30:58
22	HIRAKJYOTI GOGOI	1/27/2022 13:20:40	27/01/2022 13:30:58
23	Hiteshi Gangwani	1/27/2022 13:20:40	27/01/2022 13:30:58
24	khushi mitruka	1/27/2022 13:20:40	27/01/2022 13:45:02
25	Kirthana Natarajan	1/27/2022 13:20:40	27/01/2022 13:20:41
26	Komal Singh	1/27/2022 13:20:40	27/01/2022 13:30:58
27	krishang	1/27/2022 13:20:40	27/01/2022 13:30:58
28	Kritika Chawla	1/27/2022 13:20:40	27/01/2022 13:30:58
29	Lakshit 21PCS5122	1/27/2022 13:20:40	27/01/2022 13:30:58
30	Manav Bhardwaj	1/27/2022 13:20:40	27/01/2022 13:30:58
31	Manav Gupta	1/27/2022 13:20:40	27/01/2022 13:30:58
32	MANAV NAGI	1/27/2022 13:20:40	27/01/2022 13:30:58
33	Mansha Wadhwa	1/27/2022 13:20:40	27/01/2022 13:30:58
34	Meenal Mehta	1/27/2022 13:20:40	27/01/2022 13:45:02
35	MOHAMMAD OWAIS	1/27/2022 13:20:40	27/01/2022 13:30:58
36	Mrigna Kejriwal	1/27/2022 13:20:40	27/01/2022 13:30:58
37	Muskan Saxena	1/27/2022 13:20:40	27/01/2022 13:45:02
38	Nirav Enactus KMC	1/27/2022 13:20:40	27/01/2022 13:30:58
39	OMKAR BOBDE	1/27/2022 13:20:40	27/01/2022 13:30:58
40	PARIMITA BHUSHAN	1/27/2022 13:20:40	27/01/2022 13:30:58
41	Pawani Sarin	1/27/2022 13:20:40	27/01/2022 13:30:58
42	pranjal 21COM1712	1/27/2022 13:20:40	27/01/2022 13:30:58





# ATMA RAM SANATAN DHARMA COLLEGE

(UNIVERSITY OF DELHI)

43	RESHUKA 21COM1856	1/27/2022 13:20:40	27/01/2022 13:30:58
44	Rinku 21COM1858	1/27/2022 13:20:40	27/01/2022 13:30:58
45	RISHITA KUMARI	1/27/2022 13:20:40	27/01/2022 13:30:58
46	RITZAYI RAZE	1/27/2022 13:20:40	27/01/2022 13:45:02
47	riya gulati	1/27/2022 13:20:40	27/01/2022 13:45:02
48	Saurabh Kumar	1/27/2022 13:20:40	27/01/2022 13:30:58
49	Seerat Bhatia	1/27/2022 13:20:40	27/01/2022 13:20:41
50	Shivangi Thapliyal	1/27/2022 13:20:40	27/01/2022 13:45:02
51	SHRESHTHA 20HCS4159	1/27/2022 13:20:40	27/01/2022 13:30:58
52	shreya garg	1/27/2022 13:20:40	27/01/2022 13:30:58
53	Shreya Gupta	1/27/2022 13:20:40	27/01/2022 13:45:02
54	SHREYA SINGH	1/27/2022 13:20:40	27/01/2022 13:45:02
55	SHRISHTI 21ENG0644	1/27/2022 13:20:40	27/01/2022 13:45:02
56	Shubham Jangir	1/27/2022 13:20:40	27/01/2022 13:45:02
57	Shubham Nahata	1/27/2022 13:20:40	27/01/2022 13:30:58
58	Snigdha Ranjan	1/27/2022 13:20:40	27/01/2022 13:30:58
59	somya Sharma	1/27/2022 13:20:40	27/01/2022 13:45:02
60	Stephy J Sam	1/27/2022 13:20:40	27/01/2022 13:30:58
61	Suyash Mehra	1/27/2022 13:20:40	27/01/2022 13:30:58
62	Swastika Gautam	1/27/2022 13:20:40	27/01/2022 13:20:41
63	tanisha chauhan	1/27/2022 13:20:40	27/01/2022 13:20:41
64	Tanishka 21COM1902	1/27/2022 13:20:40	27/01/2022 13:45:02
65	Tanmay Arora	1/27/2022 13:20:40	27/01/2022 13:30:58
66	Vanshika Seth	1/27/2022 13:20:40	27/01/2022 13:30:58
67	Varish Grover	1/27/2022 13:20:40	27/01/2022 13:45:02
68	Varnika Gupta	1/27/2022 13:20:40	27/01/2022 13:30:58
69	Vivek Dangi	1/27/2022 13:20:40	27/01/2022 13:30:58
70	YASH MITTAL	1/27/2022 13:20:40	27/01/2022 13:45:02
71	Yashika Johri	1/27/2022 13:20:40	27/01/2022 13:30:58
72	Mansi Garg	1/27/2022 13:30:55	27/01/2022 13:30:58
73	Shivansh Jaiswal	1/27/2022 13:30:55	27/01/2022 13:30:58
74	Somya Dahiya	1/27/2022 13:30:55	27/01/2022 13:45:02
75	Vivek Dangi	1/27/2022 13:07:03	27/01/2022 13:13:41
76	YASH MITTAL	1/27/2022 13:07:03	27/01/2022 13:13:41
77	Yashika Johri	1/27/2022 13:07:03	27/01/2022 13:13:41
78	Vivek Dangi	1/27/2022 13:00:14	27/01/2022 13:00:17
79	YASH MITTAL	1/27/2022 13:00:14	27/01/2022 13:00:17
80	Yashika Johri	1/27/2022 13:00:14	27/01/2022 13:00:17
81	Shubham Nahata	1/27/2022 12:13:57	27/01/2022 12:44:51
82	Snigdha Ranjan	1/27/2022 12:13:57	27/01/2022 12:44:51
83	Somya Dahiya	1/27/2022 12:13:57	27/01/2022 12:44:51
84	somya Sharma	1/27/2022 12:13:57	27/01/2022 12:44:51
85	Suyash Mehra	1/27/2022 12:13:57	27/01/2022 12:44:51



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86	tanisha chauhan	1/27/2022 12:13:57	27/01/2022 12:44:51
87	Tanishka 21COM1902	1/27/2022 12:13:57	27/01/2022 12:44:51
88	Tanmay Arora	1/27/2022 12:13:57	27/01/2022 12:44:51
89	VANSHIKA 20COM1897	1/27/2022 12:13:57	27/01/2022 12:44:51
90	Vanshika Bansal	1/27/2022 12:13:57	27/01/2022 12:44:51
91	Vanshika Seth	1/27/2022 12:13:57	27/01/2022 12:44:51
92	Varnika Gupta	1/27/2022 12:13:57	27/01/2022 12:44:51
93	Vidhi Natani	1/27/2022 12:13:57	27/01/2022 12:44:51
94	Vinita Tuli	1/27/2022 12:13:57	27/01/2022 12:13:59
95	Vivek Dangi	1/27/2022 12:13:57	27/01/2022 12:44:51
96	YASH MITTAL	1/27/2022 12:13:57	27/01/2022 12:44:51
97	Yashika Johri	1/27/2022 12:13:57	27/01/2022 12:44:51
98	Enactus Khalsa	1/27/2022 12:22:25	27/01/2022 12:44:51
99	Mansha Wadhwa	1/27/2022 12:22:25	27/01/2022 12:44:51
100	Pavni	1/27/2022 12:22:25	27/01/2022 12:26:43
101	Saurabh Kumar	1/27/2022 12:22:25	27/01/2022 12:44:51
102	Varish Grover	1/27/2022 12:22:25	27/01/2022 12:44:51
103	TUHINA HALDAR	1/27/2022 12:22:26	27/01/2022 12:26:43
104	ABHISHEK KUMAR	1/27/2022 12:44:48	27/01/2022 12:44:51
105	Rinku 21COM1858	1/27/2022 12:44:48	27/01/2022 12:44:51
106	SHREYA SINGH	1/27/2022 12:44:48	27/01/2022 12:44:51
107	Swastika Gautam	1/27/2022 12:44:48	27/01/2022 12:44:51
108	KRITIKA CHAWLA	1/27/2022 12:14:08 PM	27/01/2022 12:45:55
109	ANJALI 21COM1518	1/27/2022 12:14:08 PM	27/01/2022 12:51:47
110	Anshika Bansal	1/27/2022 12:14:08	27/01/2022 12:58:52
111	ANUSHKA GUPTA	1/27/2022 12:14:08	27/01/2022 12:58:52
112	Argha K Dubey	1/27/2022 12:14:08	27/01/2022 12:45:55
113	Deepak Jha	1/27/2022 12:14:08	27/01/2022 12:28:34
114	DEVANSH 21BAP9308	1/27/2022 12:14:08	27/01/2022 12:45:55
115	divyanshu gupta	1/27/2022 12:14:08	27/01/2022 12:58:52
116	Esha Suri	1/27/2022 12:14:08	27/01/2022 12:58:52
117	JOSIKA SANAPAREDDY	1/27/2022 12:14:08	27/01/2022 12:58:52
118	Khushi Goel	1/27/2022 12:14:08	27/01/2022 12:58:52
119	MANYA 21BAP9424	1/27/2022 12:14:08	27/01/2022 12:58:52
120	Manya Arora	1/27/2022 12:14:08	27/01/2022 12:58:52
121	Pramod Kumawat 21HCS416i	1/27/2022 12:14:08	27/01/2022 12:14:08
122	shringesh chaddha	1/27/2022 12:14:08	27/01/2022 12:28:34
123	Shubham Jangir	1/27/2022 12:14:08	27/01/2022 12:58:52
124	Anirban Bhattacharjee	1/27/2022 12:28:32	27/01/2022 12:58:52
125	Antra Das	1/27/2022 12:28:32	27/01/2022 12:28:34
126	Bhumit	1/27/2022 12:28:32	27/01/2022 12:58:52
127	Blossom	1/27/2022 12:28:32	27/01/2022 12:58:52
128	Eesha Jain	1/27/2022 12:28:32	27/01/2022 12:28:34



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129	EKTAARORA	1/27/2022 12:28:32	27/01/2022 12:58:52
130	EKTA ARSD	1/27/2022 12:28:32	27/01/2022 12:28:34
131	kanika Grover	1/27/2022 12:28:32	27/01/2022 12:58:52
132	Karandeep Singh	1/27/2022 12:28:32	27/01/2022 12:58:52
133	Kashish Maheshwari	1/27/2022 12:28:32	27/01/2022 12:28:34
134	Manashwi Gupta	1/27/2022 12:28:32	27/01/2022 12:58:52
135	Neeranjana Bose	1/27/2022 12:28:32	27/01/2022 12:58:52
136	PRIYANSHI JAIN	1/27/2022 12:28:32	27/01/2022 12:28:34
137	Riya 21COM1862	1/27/2022 12:28:32	27/01/2022 12:58:52
138	Sania 21BAP9438	1/27/2022 12:28:32	27/01/2022 12:58:52
139	SIMRAN 21COM1886	1/27/2022 12:28:32	27/01/2022 12:58:52
140	VAINTEY K MISHRA	1/27/2022 12:28:32	27/01/2022 12:51:47
141	SUDIPTO GHOSH	1/27/2022 12:45:53	27/01/2022 12:58:52
142	ANUPAM 21HCS4119	1/27/2022 12:45:53	27/01/2022 12:58:52
143	Diya Arora	1/27/2022 12:45:53	27/01/2022 12:58:52
144	KASHISH MAHESHWARI	1/27/2022 12:45:53	27/01/2022 12:51:47
145	POOJA GOYAL	1/27/2022 12:45:53	27/01/2022 12:58:52
146	Prema 21HPH2647	1/27/2022 12:45:53	27/01/2022 12:58:52
147	SHREYA PATEL	1/27/2022 12:45:53	27/01/2022 12:58:52
148	Eish	1/27/2022 12:48:09	27/01/2022 12:51:47
149	Kashvi Talwar	1/27/2022 12:48:09	27/01/2022 12:58:52
150	NILANSH SHARMA	1/27/2022 12:58:50	27/01/2022 12:58:52

### Sample Certificates

ATMA RAM SANATAN DHARMA COLLEGE, UNIVERSITY OF DELHI  
NAAC GRADE 'A' ACCREDITED · NIRF 2021 ALL INDIA RANK 12

**enactus**  
Atma Ram Sanatan  
Dharma College

### CERTIFICATE OF RECOGNITION

This certificate is awarded to Hiteshi Gangwani of Jesus and Mary College, representing Karwaan-The Wellbeing Society in recognition of being a Panelist in the event, ConclaveX: A Perusal of Mental Health Issues, at Ennovate'22 organized on the 27th of January, 2022 by Enactus Atma Ram Sanatan Dharma College, University of Delhi.

Prof Gyantosh Kr Jha  
Principal · ARSD College

Dr Vinita Tuli  
Coordinator · IQAC

Dr Manika Jain  
Convener · Enactus ARSD